



INL COVID-19 Decision and Action Tree

PATH #1

Employee has close contact (someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period) with a person or family member with ***SYMPTOMS** of (or has) COVID-19.



PATH #2

Employee has ***SYMPTOMS**



PATH #3

Employee has ****POSITIVE COVID-19 Test**



ACTIONS

- The CDC has released, and INL will begin the following alternative options to a standard 14-day quarantine for employees on **Path #1**:
- The quarantine can end after Day 10 if no symptoms have been reported during daily self-monitoring. Or it may end after Day 7 with a negative COVID test taken and submitted no earlier than Day 5 (This is on a case-by-case basis, contact medical). Continued performance of daily routine monitoring for symptoms and consistent mask use, social distancing, and proper hand hygiene will need to continue for the full 14 Days since exposure.
- If exposure is ongoing (e.g. family member in the same household) contact medical to establish self-isolation period. May result in additional 10 days.
- Employees requesting the use of 04D to care for a member of their household, or 04C to self-quarantine due to exposure from a family member within the household, must provide proof of the positive COVID-19 test to the Benefits Office at BEABenefits@inl.gov
- Employee or manager will notify INL Medical of employee in self-isolation.
- If initial individual with symptoms is tested for COVID-19 & tests negative, employee will be able to return to work as long as they are symptom free.
- If initial individual with symptoms is not tested for COVID-19, employee will need to continue to self-isolate for 14 days and continue monitoring for symptoms.
- If employee begins to develop symptoms, see **Path #2**.

ACTIONS

- Employee notifies manager.
 - If employee is at work, they should be isolated and sent home immediately.
 - If employee is home, begin self-isolation.
 - Employee will seek medical evaluation by personal medical provider or contact INL Medical to validate symptoms are COVID-19 related and if testing is warranted.
- Manager will contact facility/building manager/POC to have areas the employee has worked in the past 72 hours disinfected.
- Upon notification, INL Medical will assign a contact tracer to the case.
- If testing is performed, notify INL Medical.
- If test results are positive, continue to isolate and see actions for a **positive COVID-19 Test** Path #3**.
- If no testing is performed, isolate for at least 10 days after symptoms first appeared and 24 hours with no fever and COVID-19 symptoms have improved.
- If test results are negative, employee may return to work once they are symptom free for 24 hours.
- Contact INL Medical for return to work evaluation prior to returning to work.

ACTIONS

- Employee notifies manager.
 - If employee is at work, they should be isolated and sent home immediately.
 - Manager will contact facility/building manager/POC to have areas the employee has worked in the past 72 hours disinfected.
 - Upon notification, INL Medical will assign a contact tracer to the case.
 - Employee will be contacted by local health department for additional instructions.
 - Contact INL Medical for return to work evaluation 10 days after symptoms first appeared, and 24 hours with no fever, and COVID-19 symptoms have improved prior to returning to work.
- ** Test is defined as a nasal PCR or antigen test**

***SYMPTOMS may appear 2-14 days after exposure. Symptoms can range from very mild to very severe and can include any of these listed below:**

- Fever or chills; Cough
- Shortness of breath or difficulty breathing
- Fatigue ; Headache; Muscle or body aches
- New loss of taste or smell
- Sore throat; Congestion or runny nose
- Nausea or vomiting; Diarrhea

If you have any questions call:
CFA 208-526-2356 (24/7)
WCB Medical 208-526-2195 (M-Th, 7-5)



14-DAY LOG FOR TEMPERATURE AND SYMPTOMS

Two times a day (morning and night) write down your temperature and any COVID-19 symptoms you may have: **fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.** Do this every day for 14 days.

- Fill in the dates on the log, starting with Day 0 and ending with Day 14. Day 0 is the day you were last exposed to COVID-19.
- Start recording your temperature and symptoms, beginning with today's date.
- Your health monitoring is complete 14 days after you were last exposed to COVID-19.

DAY	DATE	SYMPTOMS	TEMP
DAY 0		Day 0 is the day you were last exposed to COVID-19.	
DAY 1			
DAY 2			
DAY 3			
DAY 4			
DAY 5			
DAY 6			
DAY 7			
DAY 8			
DAY 9			
DAY 10			
DAY 11			
DAY 12			
DAY 13			
DAY 14			