INL COVID-19 Decision and Action Tree

PATH #1

Employee has close contact (within 6 feet for more than 15 minutes) with a person or family member with *SYMPTOMS of (or has) COVID-19.

ACTIONS

- Will self-isolate for 14 days and conduct daily monitoring for symptoms (see tracking log). If exposure is ongoing (e.g. family member in the same household) contact medical to establish self-isolation period.
- Employee or manager will notify INL Medical of employee in self-isolation.
- If initial individual with symptoms is tested for COVID-19 & tests negative, employee will be able to return to work as long as they are symptom free.
- If initial individual with symptoms is not tested for COVID-19, employee will need to continue to self-isolate for 14 days and continue monitoring for symptoms.
- If employee begins to develop symptoms, see Path #2.

*Symptoms may appear 2-14 days after exposure. Symptoms can range from very mild to very severe and can include any of these listed below:
- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

PATH #2

Employee has *SYMPTOMS

ACTIONS

- Employee notifies manager.
  - If employee is at work, they should be isolated and sent home immediately.
  - If employee is home, begin self-isolation.
  - Employee will seek medical evaluation by personal medical provider or contact INL Medical to validate symptoms are COVID-19 related and if testing is warranted.
- Manager will contact facility/building manager/POC to have areas the employee has worked in the past 72 hours disinfected.
- Upon notification, INL Medical will assign a contact tracer to the case.
- If testing is performed, notify INL Medical.
- If test results are positive, continue to isolate and see actions for a positive COVID-19 Test** Path #3.
- If no testing is performed, isolate for at least 10days after symptoms first appeared and 24 hours with no fever and COVID-19 symptoms have improved.
- If test results are negative, employee may return to work once they are symptom free for 72 hours.
- Contact INL Medical for return to work evaluation prior to returning to work.

PATH #3

Employee has **POSITIVE COVID-19 Test

ACTIONS

- Employee notifies manager.
  - If employee is at work, they should be isolated and sent home immediately.
- Manager will contact facility/building manager/POC to have areas the employee has worked in the past 72 hours disinfected.
- Upon notification, INL Medical will assign a contact tracer to the case.
- Employee will be contacted by local health department for additional instructions.
- Contact INL Medical for return to work evaluation 10 days after symptoms first appeared, and 24 hours with no fever, and COVID-19 symptoms have improved prior to returning to work.

** Test is defined as a nasal PCR or antigen test

If you have any questions, call
CFA 208-526-2356 (24/7)
WCB Medical 208-526-2195 (M-Th, 7-5)

INL Idaho National Laboratory

14-DAY LOG FOR TEMPERATURE AND SYMPTOMS

Two times a day (morning and night) write down your temperature and any COVID-19 symptoms you may have: **fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.** Do this every day for 14 days.

1. Fill in the dates on the log, starting with Day 0 and ending with Day 14. Day 0 is the day you were last exposed to COVID-19.
2. Start recording your temperature and symptoms, beginning with today's date.
3. Your health monitoring is complete 14 days after you were last exposed to COVID-19.

DAY	DATE	SYMPTOMS	TEMP
DAY 0	_____	Day 0 is the day you were last exposed to COVID-19.	
DAY 1	_____		
DAY 2	_____		
DAY 3	_____		
DAY 4	_____		
DAY 5	_____		
DAY 6	_____		
DAY 7	_____		
DAY 8	_____		
DAY 9	_____		
DAY 10	_____		
DAY 11	_____		
DAY 12	_____		
DAY 13	_____		
DAY 14	_____		