



*Katelyn Wada,
UNLP, University
Nuclear Leadership
Program, Intern HTTL,
Thermocouple lab.*

INL Internship Opportunities

INL hires hundreds of students from universities around the country and the world each year to work at the lab under the guidance of skilled and talented mentors. These internships enable students to collaborate with experienced scientists and engineers to develop innovative solutions to challenging, real-world projects. Internships support INL's three mission areas of nuclear energy, energy and environment, and national and homeland security.

The majority of INL internships are for undergraduate through doctorate-level students in science, technology, engineering and mathematics (STEM) fields, such as nuclear engineering, chemistry,

computer science and physics. However, INL also offers internships in fields such as business, marketing, communications and logistics, as well as internships at the high school level. An INL internship builds confidence, introduces students to possible career fields, and complements what they are studying in school.

THE EXPERIENCE

INL strives to make the internship experience as valuable as possible. Internships are structured based on an 80/20 philosophy. INL encourages interns to spend 80% of their time at the lab with their mentor and apply their classroom knowledge to real-life work, and to spend 20% of their time in enrichment activities like workshops or skill-building activities. Come find out why Vault ranked INL as one of the

Best Energy Internships and Goodcall ranked Idaho Falls as one of the Best U.S. Cities for a Summer Internship.

WORK HARD, PLAY HARD

The INL headquarters building is located in Idaho Falls, Idaho, just minutes from outdoor adventure. Additional facilities are located on the desert Site about 45 miles west of Idaho Falls.

Idaho Falls is a friendly community with year-round music and theatrical performances and vibrant community events. Area attractions include Yellowstone and Grand Teton National Parks, the Snake River Greenbelt, Craters of the Moon National Monument, museums, hot springs, ziplining, rodeos, hiking, biking, and more.



Kyle Quillin, UNLP intern, University Nuclear Leadership Program, sample analysis at EML.



COMPENSATION AND BENEFITS

INL internships include a nationally competitive wage that is based on the number of credits completed, combined with the degree program. Eligible interns are provided holiday pay, and many of our internships offer travel reimbursements along with a generous housing stipend.

ELIGIBILITY REQUIREMENTS

- Enrolled full-time student status at an accredited U.S. college or university.
- Ability to pass a background check.
- Minimum of 3.0 cumulative GPA.

Note: Foreign national students may be eligible for internships if they obtain a J1 visa or attend an accredited U.S. university or college, and they can obtain a U.S. work authorization (Curricular Practical Training or Optional Practical Training).

FREQUENTLY ASKED QUESTIONS

- **How long will your internship last?**
 - » INL's internship terms are designed to match a typical university term, lasting from 10 to 16 weeks.
- **When does inl offer internships?**
 - » INL employs interns year-round, but the largest numbers occur during the summer months.

- **What if you are coming from a different location?**

- » Many of our internships offer travel reimbursements and a generous housing stipend.

- **How much will you be expected to work?**

- » *Summer interns should come to INL expecting to work 40 hours per week. There is, however, flexibility within that 40-hour workweek to assist interns with scheduling conflicts.*

APPLY

To apply, go to www.inl.gov/careers and click the Internships button. You will then upload the following:

- Current resume or curriculum vitae.
- Unofficial transcripts.
- Current class schedule and credits.

inl.gov/careers



Read more

Battelle Energy Alliance manages INL for the U.S. Department of Energy's Office of Nuclear Energy.

FOR MORE INFORMATION

General contact
internships@inl.gov

www.inl.gov

A U.S. Department of Energy
National Laboratory

